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California Institute of Integral Studies

EWP9566/PARA9566/PARP9566: ADVANCED Ph.D. SEMINAR: COMPARATIVE MYSTICISM Fall 2004 (3 units) Wednesdays 11:45-2:45 Instructor: Jorge N. Ferrer, Ph.D. Tel. (415) 575-6100x416; email: [Jferrer@ciis.edu].

Course Description:

In the spirit of dialogue and inquiry, this advanced seminar provides an in-depth exploration of the field of comparative mysticism. After discussing the various meanings of the term "mysticism," an overview of the field of comparative mysticism and its methodological foundations will be offered. We will discuss the major horizons of the field, as well as key hermeneutic issues such as orientalism, ethnocentrism, universalism, pluralism, relativism, incommensurability, etc. Then we will study the main families of interpretive models in the field: perennialist, constructivist, feminist, neo-perennialist, evolutionary, contextualist, postmodern, pluralist, and participatory. We will also explore the value that the interreligious dialogue and psychedelic research may have for the study of comparative mysticism. Students will select two mystical traditions, authors, notions, or phenomena and compare them applying one of the models studied or their own comparative approach. Students will be encouraged to approach the study of mystics and mystical texts from an empathic, participatory, and contemplative perspective.

Summary of Educational Purpose:

The main purpose of this course is to deepen students' knowledge of classic and contemporary approaches to the study of comparative mysticism. An additional objective is to guide students in the selection of the most adequate comparative approach for their research interests.

Learning Objectives:

After completing this course, students will be able to:

1. Appreciate the complexity of the philosophical, epistemological, and psychospiritual issues raised by mystical phenomena.

2. Have a clear understanding of the main models, challenges, and debates in the contemporary study of comparative mysticism.

3. Compare mystical traditions, authors, notions, and phenomena with empathy, rigor, and sophistication.

Learning Activities:

- 1. Cognitive/Didactic (lecture):40%
- 2. Practical/Applied (dialogue, presentations): 40%
- 3. Experiential (meditative inquiry, group process): 20%

Level of Instruction:

Ph.D. level / MA students only with consent of the instructor.

Criteria for Evaluation:	
1. Mid-term paper (2-6 pages):	20%
2. Final Paper (15-20 pages):	40%
3. Class participation and presentations:	40%

Grading Options:

Letter Grade, Pass/Fail, or as allowed by the department.

Required Texts:

- 1. Ferrer, J. N. (2002). <u>Revisioning Transpersonal Theory: A Participatory Vision of</u> <u>Human Spirituality.</u> Albany, NY: State University of New York Press. (RTT)
- 2. Course Reader, available at Copy Central (2336 Market Street, between Castro and Noe. Tel. 415-431-6725)

Recommended Texts:

Students select texts from attached Research Bibliography (see pp. 11-15) according to their own interests.

Assignments:

1. Mid-Term Paper: (2-6 pages)

This assignment can take the form of an outline or preliminary draft (work in progress) of the final paper, or a brief response paper to one of the topics discussed during weeks 1-7.

2. Final Paper: (15-20 pages)

A research paper comparing two or more mystical traditions, authors, notions, or phenomena. Optionally, incorporate aspects of your personal experience in support of your main thesis.

3. Presentations:

Students will give a presentation (or co-presentation) on their comparative research project. Presentations should be linked to final essays.

<u>Course Schedule and Reading List</u> <u>Comparative Mysticism</u>

INTRODUCTION

September 1. Introduction: Mysticism and You

Introductory overview of the course. Participants' introductions. Etymology and genealogy of the term "mysticism." Preliminary definitions. Guidelines for the practice of dialogical inquiry and contemplative reading of mystical texts.

Bouyer, Louis, "Mysticism: An Essay of the History of the Word." King, Richard, "The Power of Definitions: A Genealogy of the Idea of 'the Mystical." Happold, F. C., "What We Shall Understand by Mysticism;" "The Mysticism of Love and Union and the Mysticism of Knowledge and Understanding;" "Nature-Mysticism, Soul-Mysticism, and God-Mysticism."

• Arico, Carl, "The Lectio Divina Tradition: Lost and Found."

HISTORICAL AND METHODOLOGICAL FOUNDATIONS

September 8. Entering Mysticism

Grounding our research interests in our lived inquiry: What does "mystical" mean *to you*? Why is mysticism important in *your* life? A brief history of mysticism: Mysticism or mysticisms? The classic *unio mystica*. Armchair versus participatory approaches: From students of mysticism to scholar-mystics.

*Readings:*Ellwood, Robert S., "A History of Mysticism."
Hollenback, Jess Byron, "The Mystical Experience: A Preliminary Reconnaissance."

• Dupré, Louis, "Unio Mystica: The State and the Experience."

• Barnard, G. William, "Transformations and Transformers: Spirituality and the Academic Study of Mysticism."

September 15. Comparative Mysticism: An Overview

The comparativist approach to the study of religion. Historical overview of the field of comparative mysticism. The psychology-comparativist dialogue. Goals of comparative mysticism.

Readings: • Paden, William E., "Comparative Perspective in the Study of Religion."

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• McGinn, Bernard, "Comparativist and Psychological Approaches to Mysticism."

• Parsons, William B., "Themes and Debates in the Psychology-Comparativist Dialogue"

• Patton, Kimberley C. and Ray, Benjamin C., "Introduction" to <u>A Magic Still</u> <u>Dwells: Comparative Religion in the Postmodern Age</u>.

• Rao, Srinivasa, "Comparative Metaphysics: Means or end?"

<u>September 22.</u> How to Study Mysticism: Issues in Comparative and Mystical Hermeneutics.

Interpreting spiritual texts. Cross-cultural hermeneutics: orientalism, ethnocentrism, universalism, pluralism, relativism, incommensurability, and others. New methodological approaches in comparative religion and mysticism. The study of mysticism as a mystical hermeneutic path.

Readings: • Sheldrake, Philip, "Interpreting Spiritual Texts."

• Staal, Frits, "Effort, Doubt, and Criticism."

• Cousins, Ewert H., "Methodology for Mysticism."

• Holdrege, Barbara, A., "What's Beyond the Post? Comparative Analysis as Critical Method."

• Neville, Robert C. and Wildman, Wesley, "On Comparing Religious Ideas."

• Kripal, Jeffrey J., "Roads of Excess," "Palaces of Wisdom."

Case Study: Orientalism and Jung

- Clarke, J. J., "Orientalism;" "Criticisms and Shortcomings." (In Jung's approach to Eastern thought)
- Jones, Richard H., "Concerning Carl Jung on Asian Religious Traditions."

INTERPRETIVE MODELS IN COMPARATIVE MYSTICISM

September 29. Traditionalist/Perennialist Approaches

The perennial philosophy. Traditional perennialist hermeneutics. The transcendent unity of religions. Varieties of perennialism: Basic, Esotericist, Perspectivist, Typological, and Structuralist. Fundamental assumptions of perennialism. Critical perspectives.

Readings: • Borella, Jean, "René Guénon and the Traditionalist School."

• Quinn, W. W., "Hermeneutics of the Tradition."

• Smith, Huston, "Introduction" to Schuon's <u>The Transcendent Unity of</u> <u>Religions.</u>

- Nasr, Seyyed Hossein, "The Philosophia Perennis and the Study of Religion."
- King, Sallie B., "The *Philosophia Perennis* and the Religions of the World."
- Ferrer, Jorge, "Trouble in Paradise: The Perennial Philosophy Revisited." (RTT: pp. 71-80, 86-95, 110-11).

October 6. Constructivist/Feminist Approaches

The strong constructivist program in the study of mysticism. Epistemological challenges to the idea of a universal mysticism. Mysticism and mediation. Feminism and the study of mysticism. Social constructivism and gender. Critical perspectives.

*Readings:*Katz, Steven T., "Language, Epistemology, and Mysticism." Gimello, Robert. M., "Mysticism in Its Contexts." Raphael, Melissa, "Feminism, Constructivism and Numinous Experience." Jantzen, Grace M., "Conclusion: Mysticism and Modernity." Evans, Donald, "Can Philosophers Limit What Mystics Can Do: A Critique of Steven Katz."

October 13. Neo-Perennialist/Evolutionary Approaches

Neo-perennialist approaches. The search for a cross-cultural "pure consciousness event." Evolutionary neo-perennialism. Critical perspectives.

Forman, Robert, "Introduction: Mystical Consciousness, the Innate Capacity, and the Perennial Psychology."
Fenton, John. Y., "Mystical Experience as a Bridge for Cross-Cultural Philosophy of Religion: A Critique."
Wilber, Ken, "The Spectrum of Consciousness: Integral Psychology and the Perennial Philosophy;" "In a Modern Light: Integral Anthropology and the Evolution of Cultures;" "The Reconstruction of the Contemplative Path."
Ferrer, Jorge, "Wilber's Neo-Perennialism;" "Transpersonal Developmental Models." (RTT: pp. 83-86, 95-105, 162-65)

October 20. Postmodern/Contextualist Approaches

Postmodern approaches. Further developments in the contextualist approach to mysticism. Experiential constructivism. Mystical "empowerment." Critical perspectives.

*Readings:*Cupitt, Don, "Introduction: The Mysticism of Secondarieness."
Herman, Jonathan, "The Contextual Illusion: Comparative Mysticism and Postmodernism."

• Stoeber, Michael, "Constructivist Epistemologies of Mysticism: A Critique and a Revision."

• Hollenback, Jess Byron, "The Contextuality of the Most Elevated States of Spiritual Perfection and Mystical Awareness;" "Conclusion."

X MID-TERM ASSIGNMENT DUE!

October 27. Pluralist/Participatory Approaches

Pluralist approaches to comparative mysticism. The idea of multi-focal points. Soteriological and metaphysical pluralisms. Participatory approaches. On ranking mystical traditions. Critical perspectives.

*Readings:*Vroom, Hendrik. M., "Exclusivity and Universality: Interreligious Relations"
Heim, S. Mark, "Salvations: A More Pluralistic Hypothesis."
Kaplan, Stephen, "An Overview of the Problem and the Proposal;" "The Issue

• Kaplan, Stephen, "An Overview of the Problem and the Proposal;" "The Issue of Soteriological Exclusivity."

• Ferrer, Jorge, "An Ocean with Many Shores: The Challenge of Spiritual Pluralism;" "On Ranking Spiritual Traditions;" "The Problem of Mediation in

INTERFAITH DIALOGUE AND THE PSYCHEDELIC EVIDENCE

November 3. The Interreligious and Intermonastic Dialogue

Relevance of the contemporary interreligious dialogue for comparative mysticism. Religious absolutism. Inclusivism, exclusivism, and ecumenical pluralism. Intermonastic interaction: From dialogue to communion. Inter-spirituality and global mysticism. Students' presentations.

Readings:

- Clarke, J. J., "Religious Dialogue."
- Wiggins, James B., "Whither Inter-Religious Interchange?"

• Ferrer, Jorge, "The Problem of Conflicting Truth-Claims in Religion;" "The Validity of Spiritual Truths." (RTT: pp. 165-171)

- Ray, Reginald, "Background: Contemplative Dialogue at Naropa Institute."
- Teasdale, Wayne, "What is Inter-Spirituality?" Opening the Heart of the World: Toward a Universal Mysticism."

November 10. Comparative Mysticism and the Psychedelic Evidence

Psychedelics and mysticism. Do psychedelics disclose genuine mystical insights? Implications of psychedelic research for the contemporary study of comparative mysticism. Students' presentations.

- *Readings:* Zaehner, Robert T., "Mysticism Sacred and Profane."
 - Smith, Huston, "Do Drugs Have Religious Import?"
 - Grof, Stanislav, "A Taxonomy of Transpersonal Experiences."
 - Merkur, Daniel, "The Unitive Phenomena."
 - Ferrer, Jorge, "Grof's Neo-Advaitin Perennial Philosophy;" "A Participatory Account of Grof's Consciousness Research." (RTT: pp. 80-83, 149-151)

<u>COMPARING MYSTICS, MYSTICAL PHENOMENA,</u> <u>AND MYSTICAL ULTIMATE REALITIES</u>

November 17. Analysis of Comparative Studies I: Mystics

Collaborative exploration and critical analysis of comparative studies of classic and contemporary mystics. Participants will select from the several samples included in the reader. Students' presentations.

Readings: • Parrinder, Geoffrey, "Theophany: Differences between Krishna and Christ."
• Suzuki, Daisetz, T., "Crucifixion and Enlightenment."

• Carpenter, David, "Bhartrhari and Bonaventure in Comparison."

• Chatterji, Pritibhushan, "Plotinus and Sri Aurobindo: A Comparative Study."

• Wong, Joseph H., "Through Detachment of Vision: Chuang Tzu and Meister Eckhart."

November 24. Analysis of Comparative Studies II: Mystical Phenomena

Collaborative exploration and critical analysis of comparative studies of mystical phenomena. Participants will select from the several samples included in the reader. Students' presentations.

Readings: • Loy, David, "Three Approaches to the Subject-Object Relation." (Sankhya-Yoga, Buddhism, and Advaita Vedanta) • Sundarajan, K. R., "Experiencing the World: A Comparative Study of Lila and Satori." • Jennings, William H., "Agape and Karuna: Some Comparisons."

• Elder, George, "Grace in Martin Luther and Tantric Buddhism."

• Hacker, Paul, "Cit and Nous, or the Concept of Spirit in Vedantism and Neoplatonism."

<u>December 1.</u> Analysis of Comparative Studies III: Mystical Ultimate Realities

Collaborative exploration and critical analysis of comparative studies of mystical ultimate realities. Participants will select from the several samples included in the reader. Students' presentations.

*Readings:*Abe, Masao, "Kenosis and Emptiness."
Arapura, J. G., "Transcendent Brahman or Transcendent Void: Which is Ultimately Real?"
Coward, Harold, "*Prakrti* and the Collective Unconscious: *Purusa* and Self."
Zaehner, Robert C., "God and Brahman."
von Brück, Michael, "Buddhist Shunyata and the Christian Trinity: The

Emerging Holistic Paradigm."

December 8. Conclusion

Full circle: What is mysticism? Students' presentations. Closing ritual.



Course Reader Contents

- 1. Bouyer, L. (1980). Mysticism: An essay of the history of the word. In R. Woods (Ed), <u>Understanding Mysticism</u> (pp. 42-55). Garden City, NY: Doubleday.
- King, R. (1999). The power of definitions: A genealogy of the idea of 'the mystical.' In Orientalism and religion: Postcolonial theory, India, and 'the mystic East.' (pp. 7-34). New York: Routledge.
- Happold, F. C. (1970). What we shall understand by mysticism. The mysticism of love and union and the mysticism of knowledge and understanding. Nature-mysticism, soulmysticism, and God-mysticism. In <u>Mysticism: A study and anthology</u> (pp. 35-45). New York: Penguin.
- Arico, C. (1999). The *Lectio Divina* tradition: Lost and found. In <u>A taste of silence</u> (pp. 103-122). New York: Continuum.
- 5. Ellwood, R. S. (1999). A history of mysticism. In <u>Mysticism and religion</u> (pp. 54-76). (2nd ed.). New York: Seven Bridges Press.
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- Dupré, L. (1996). Unio mystica: The state and the experience. In M. Idel & B. McGinn (Eds.), <u>Mystical union in Judaism, Christianity, and Islam: An ecumenical dialogue</u> (pp. 3-23). New York: Continuum.
- 8. Barnard, G. W. (1994). Transformations and transformers: Spirituality and the academic study of mysticism. Journal of Consciousness Studies, 1(2), 256-60.
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- 10. McGinn, B. (1994). Comparativist and psychological approaches to mysticism. In <u>The</u> <u>foundations of mysticism</u> (pp. 326-43). New York: Crossroad.
- Parsons, William B. (2000). Themes and debates in the psychology-comparativist dialogue. In D. Jonte-Pace and W. B. Parsons (Eds.), <u>Religion and psychology: Mapping the terrain (pp.</u> 229-53). New York: Routledge.
- Patton, K. C. & Ray, B. C. (2000). Introduction. In K. C. Patton & B. C. Ray (Eds.), <u>A magic still dwells: Comparative religion in the postmodern age</u> (pp. 1-19). Berkeley: University of California Press.
- Rao, S. (1996). Comparative metaphysics: Means or end? In N. Smart & B. S. Murthy (Eds.), <u>East-West encounters in philosophy and religion</u> (pp. 292-299). Long Beach, CA: Long Beach Publications.
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- 15. Staal, F. (1975). Effort, doubt, and criticism. In <u>Exploring mysticism (pp. 123-134)</u>. Berkeley: University of California Press.
- Cousins, E. H. (1992). Methodology for mysticism. In <u>Christ of the 21st century</u> (pp. 120-123). Rockport, MA: Element.

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- Kripal, J. J. (2001). Roads of excess. Palaces of wisdom. In <u>Roads of excess</u>, <u>palaces of wisdom: Eroticism and reflexivity in the study of mysticism</u> (pp. 1-15, 25-31, 305-30). Chicago: University of Chicago Press.
- 20. Clarke, J. J. (1994). Orientalism. Criticisms and shortcomings. In Jung and Eastern thought: A dialogue with the Orient (pp. 14-27, 36, 158-178). New York: Routledge.
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- 22. Borella, J. (1995). René Guénon and the traditionalist school. In A. Faivre & J. Needleman (Eds.), <u>Modern esoteric spirituality</u> (pp. 330-58). New York: Crossroads.
- 23. Quinn, W. W. (1997). Hermeneutics of the tradition. In <u>The only tradition</u> (pp. 19-29). Albany, NY: SUNY Press.
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- 32. Forman, R. K. C. (1998). Introduction: Mystical consciousness, the innate capacity, and the perennial psychology. In R. K. C. Forman (Ed.), <u>The innate capacity: Mysticism, psychology</u>, <u>and philosophy</u> (pp. 3-41). New York: Oxford University Press.
- 33. Fenton, J. Y. (1995). Mystical experience as a bridge for cross-cultural philosophy of religion: A critique. In T. Dean (ed.), <u>Religious pluralism and truth: Essays on cross-cultural</u> <u>philosophy of religion</u> (pp. 189-204). Albany, NY: SUNY Press.
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